



Spectacular Nepal

Your Tour

Namaste! Have you ever dreamt about visiting this mystic country? This adventure is a perfect opportunity to make that dream a reality; it is sure to change you and your perspective about this mountainous paradise of the East.

With breathtaking sights and amazing sounds, our tour will assure you have one of the best experiences Nepal has to offer. This unforgettable adventure delivers an exclusive attention to detail experience within a small tour group.

Nepal is one of the most beautiful countries in the world and provides a mixture of unique landscapes, traditional cultures, and an abundance of spirituality. You will be amazed by beautiful mountain views including some of the world's tallest mountains like Mount Everest and Annapurna; a definite and memorable lifetime experience.

Admire snow capped mountain peaks, discover the majestic Fewa lake in Pokhara, and immerse yourself on a trekking adventure for an opportunity of a spectacular sunrise while admiring the Annapurna Mountain Range. Realize the peace in a monastery with Tibetans monks. Partake in an experience with the monks of Namu Budha. Continue your adventure to discover the majestic Himalayas by airplane and watch the magnificent peaks stretch out of the clouds.

This adventure is also designed to help the locals in Nepal; you will be staying in a hotel that supports the education of children. A portion of your ticket will be also donated to a local non-government organization.

Note: Prices are in \$US and per person. This tour requires a minimum of participants to operate. This is an exclusive group; it operates with a small group.

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<https://tours-adventures.com/>





Overview

Activities

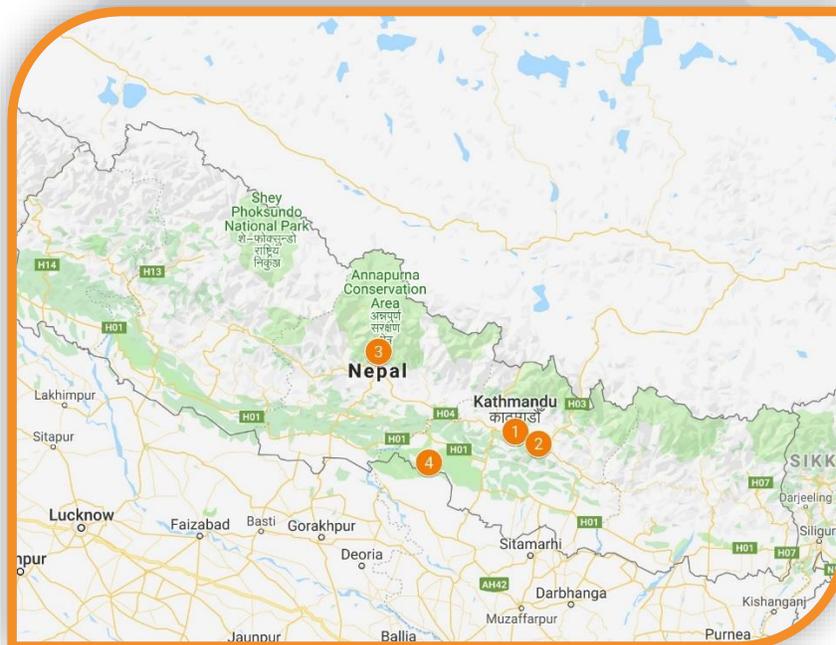
- Flight over the mountains.
- Trekking in the mountains.
- Yoga.
- Meditation.

Places visited:

- Kathmandu
- Swayambhunath
- Patan
- Bandipur
- Pokhara
- Dumba – (trekking)
- Kade
- Namo Budha
- Bhatkpur
- Thamel

Duration: 13 days & 12 evenings

Map



Itinerary

Day 1 – Arrive into Kathmandu

Arrive in Kathmandu where one of our staff will greet and take you to the Tibetan neighborhood of Boudanath; a UNESCO World Heritage Site. You will also experience the ambience of Tibetan Monks. In the afternoon you will be visiting one of the biggest Stupas (dome shaped Buddhist Shrines) in the world. Enjoy a welcome dinner of delicious Nepalese food and traditional dance. Afterward you will have the evening to explore as you please.

Day 2 & 3 – Kathmandu, Swayambhunath & Patan

These two days will focus on visiting the jewels of Nepal's capital city, Kathmandu. You will visit the historic hilltop monastery complex of Swayambhunath, a UNESCO World Heritage Site. The Swayambhunath Stupa is the main Buddhist Center in Nepal and known as the Monkey Temple due to the number of monkeys living there. You will climb the impressive stone staircase and see the stone figures of Buddha and Shiva's two sons, Ganesh and Kumar, at the side of the staircase. Discover one of Nepal's best known symbols; the eyes of Buddha, painted on the tower of the stupa - "The Buddha that sees all".

Continue to Patan, also known as Lalitpur, nominated as the City of Beauty. Patan is a small yet important town as many believe its four stupas were built by the Hindu Emperor Ashoka in 250 B.C. Then journey to Duber to discover an array of architectural wonders. Continue to the Temple of Pashupatinath, one of the world most important temples dedicated to Shiva. The temple is located on the banks of the holy river of Bagmati where Hindus are cremated.

Day 4 - Bandipur

Today you will enjoy a delightful trip to the mountains towards Bandipur, one of the most important sites of Nepal due to the Newari culture and its traditional architecture conservation. The spectacular views and tranquil atmosphere of Bandipur will bring you peace.

Day 5 - Bandipur y Pokhara

Continue to Pokhara, the second largest city in Nepal and considered the tourism capital of the country. Pokhara is known for its beauty, the gorgeous Fewa lake, and its mighty views of the Annapurna Mountain Range. The Annapurna is famous for having three of the ten highest mountains in the world.



Day 6 - World Peace Pagoda and Meditation

This day will be full of mysticism and peace you will never forget. Visit the World Peace Pagoda; located on a hilltop with impressive views of the Anapurna Mountains, the Fewa Lake, and Pokhara. You will cross the lake on a small boat before enjoying a meditation with the sounds of Tibetan bowls. Enjoy the evening at your leisure to enjoy Pokhara.

Day 7 – Trekking and Mountains

Continue your adventure to Dumpa for one of the most amazing trekking of your life. Arrive at the Damphus Australian Camp which is located in front of the majestic Annapurna Mountains. You will spend the night at the lodge.

Day 8 – Hike to Kade & travel to Sarangkot

Hike down to Kade where your transportation is waiting for you to continue your adventure. Head to Sarangkot, known for amazing sunrises and views of the Himalayas. Enjoy a wonderful evening with stunning views of Pokhara and the mountains.

Day 9 - Day at leisure in Pokhara

Return to Pokhara where you will have the day to enjoy at your leisure. There are optional activities you can sign up for; like a parachute adventure or a Nepalese cooking class.

Day 10 – Namobudha – Monk Experience

Today you will enjoy an unforgettable flight to Kathmandu full of stunning views and snowcapped mountains, a true spectacle will be had. Upon arrival you will proceed to one of the most sacred pilgrim sites of Nepal, Namobudha; a Tibetan monastery complex designated as a place of study, practice and meditation. Namobudha is located on a mountaintop where you can have a glimpse of Mount Everest. You will spend the day with the monastery's monks; interacting and enjoying your meals together. Many consider this to be a unique and rich experience.

Day 11 – Bhatkapur – City of Devotees

While on route to Kathmandu, stop at Bhatkapur; known as the city of devotees and declared a UNESCO World Heritage Site. The city is also known as the City of Culture, Living Heritage, and the Cultural Jewel of Nepal; names that describe the importance of visiting this timeless



city. You will wonder of its artistic character, impressive temples, colorful festivals, millenary culture, traditional dances, and the indigenous life of the Newari.

Day 12 – Day at leisure in Thamel

Enjoy a day of leisure in the Katmandu neighborhood of Thamel. Thamel is the business neighborhood of Kathmandu and has been the center for tourism in Nepal for several decades. Here you can choose to explore the picturesque neighborhood, observe day to day interactions of its people, or do some shopping. You will be amazed with its narrow streets that are full of shops where you can find just about anything from souvenirs, mountain climbing gear, silk, and much more.

Day 13 – Farewell and thank you!

Your transfer to the airport will be planned according to your flight departure. We hope you enjoyed this journey and accumulated some incredible memories and beautiful pictures. Travel safe and see you on your next adventure with us.

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Flexibility is one of our values, if you would like to extend your visit, please let us know and we can assist with your accommodation bookings.

Includes

- ✓ Transfer to and from the International Airport of Kathmandu.
- ✓ 12 nights double occupancy with breakfast included.
- ✓ Welcome dinner.
- ✓ Flight from Phokara to Katmandu.
- ✓ Private transportation during the duration of the trip.
- ✓ Certified English guide for the duration of the trip.
- ✓ Entrances to the sites.
- ✓ Meals at Namobudha.
- ✓ Meals during guided trekking.
- ✓ Yoga classes.



NOT included

- × Travel insurance.
- × Flights to and from Katmandu, Nepal.
- × Lunches and dinners (except in Namo Budha and during trekking)
- × Beverages for lunch and dinner.
- × Tips for the driver and guide.
- × Personal expenses.
- × Other expenses described on our 'Terms & Conditions'.

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